

# THEORETICAL UNDERPINNINGS

1. The Creative and Reactive Orientations (Fritz, Senge and Kiefer)

2. Peter Block—vision; dependency & ambition; political scripts

3. Cognitive Psychology—Rational Emotive Therapy

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4. Horney—Character Structure

- moving toward (complying)
- moving against (controlling)
- moving away (protecting)

5. Enneagram—9 different types each organized by a core delusion (Sufi Tradition)

6. Ego/Shadow—Ego/Shadow

7. Body Characterology—Riech, Kurtz, Lowen, Pirrakos

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8. Stage Development Frameworks—Kohlberg, Kegan, Wilber, Hall, Beck, Fowler, Mystical Literature of all traditions

9. Covey—3 Paradigms

10. Leadership Literature (Bennis, Goleman, etc.)

11. Leadership 360 Research

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[www.leadershipcircle.com](http://www.leadershipcircle.com)