EXPANDED CONSCIOUSNESS
MORE BEHAVIORAL FREEDOM

Vertical Model from Kegan/TLCP

Unitive

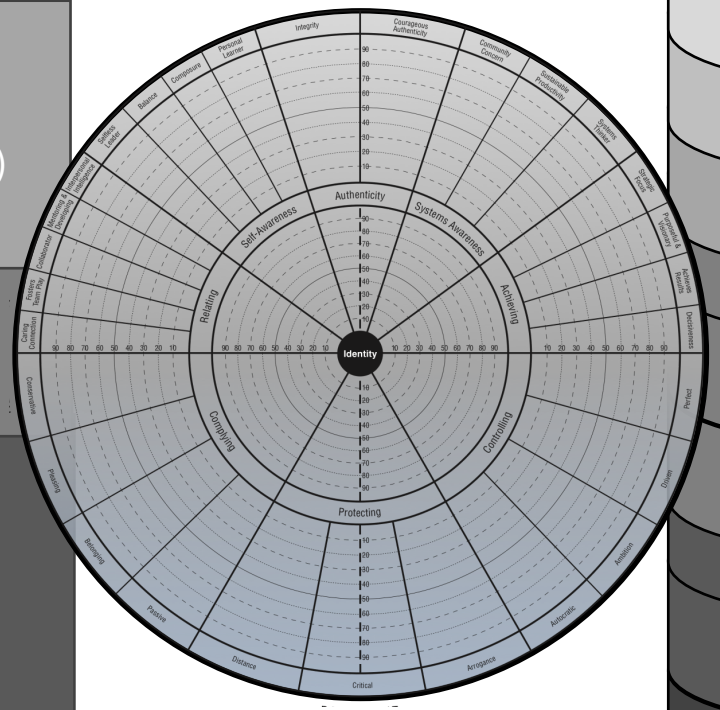
Integral

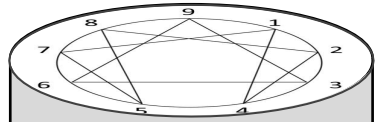
Creative
(Self-Authored)

Transitional

Reactive
(Socialized)

Egocentric
(Self-Sovereign)





1

Co-creating with spirit

2

3

4

Expressing identity

5

6

7

Subject to ego

8

9

Vertical Model from Riso/Hudson

CONTRACTED CONSCIOUSNESS
LESS BEHAVIORAL FREEDOM